

AMC Trip Talk Berkshire/Worcester Leader Refresher

Presented by

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Learning Objectives

- 1) Familiarize with the AMC Trip Talk
- 2) Learn the New Elements to the COVID-19 AMC Trip Talk
- 3) Practice Giving Feedback and Reinforcing Expectations

Trip Talk



What is a Trip Talk?

- Final Review before take off
- Details vary with the activity
- Core components to every talk

Trip Talk Components

- Arrival Signing-in
- Introductions
- Responsibilities
- Ground Rules & Expectations

AMC Trip Talk Video



Trip Talk: COVID-19 Update



COVID-19 Changes

Upon participant arrival what is the first thing that is different ?



COVID-19 Changes - What

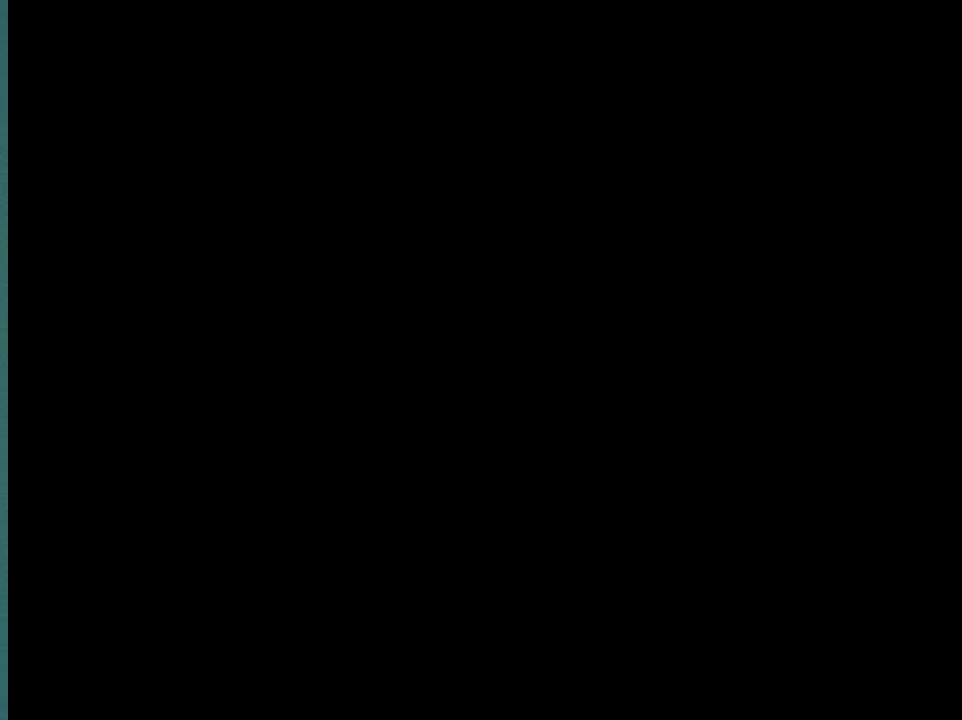
- Waiver signed in advance
- Inherent risks of illness
- COVID-19 Protocols - mask/physical distancing
- Gear requirements *
 - personal (avoid sharing)
 - shared (use equipment protocols)
- Limitations specific to the activity

*contact group

COVID-19 Changes - How

- State practices clearly and set expectations
- Give reasoning
- Provide a demonstration
- Ensure everyone has necessary PPE

Example of COVID-19 Trip Talk



COVID-19 Protocol Compliance



What to do if someone is not following COVID-19 Protocols?

Examples you can imagine needing to address specific to COVID-19?

PPE - Mask, etc

Physical Distance

Sharing Water/Food*

Arriving Late

Gear Sharing Protocol

Refusing to Follow Protocols

*contact group

Give Feedback/Reinforce Expectations

- Be Directive
- Feedback Sandwich Method (Be Genuine)
 - P** ositive comment
 - C** onstructive feedback
 - A** ppreciative comment
- If all else fails refer to AMC Risk Management and Leadership

Examples: Less Effective

C'mon! You signed the waiver you know you're not supposed to do that!

Were you not listening to the Trip Talk?

I don't care what you do.

Examples: More Effective - PCA

It's great that you made it out on this trip! This is one of our first trips since we re-started activities.

I noticed that you didn't sanitize before using shared gear. It is easy to forget. We need to sanitize each time we use group equipment.

I appreciate your efforts.

We need to follow these protocols to ensure we can run safe AMC trips now and in the future.



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Activities: Roleplay

You will be assigned to break out rooms of 4-5: 10 minutes

A facilitator (OLT in name) will be assigned to each room

The group will be given 3 scenarios

- Assign a leader - Use **PCA**.
- Participant(s) for as many role plays.
- Non-Participants are observers - look for PCA examples
- Discuss in small group

Role Play - Follow Up

Positive Comment

Constructive Feedback

Appreciative Comment

Non-Compliance/Refusal

“I will maintain appropriate social distancing and follow the guidance of the Activity Leader.”
(Waiver)

“If you can't or don't want to follow this protocol correctly. I am going to have to ask you to leave this group.” (COVID-19 Video)

Contact AMC Risk Management and Leadership
leadership@outdoors.org



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Takeaways

Practice Before Your Trip

Use the Trip Card

Be Prepared for the Unexpected

Be Direct and Appreciative

Don't Debate! This is AMC Policy during Phase 2

When in doubt: Chapter Leadership and/or
leadership@outdoors.org